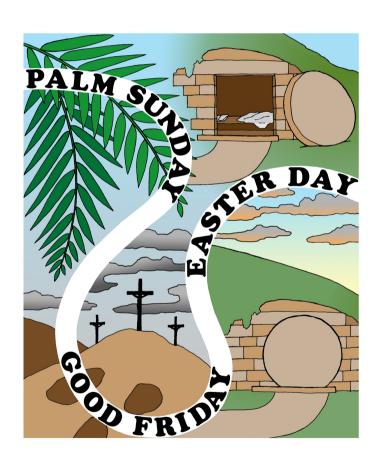
THE LINK

March 2024 Tarporley Parish Magazine



Holy Week:-The path to Easter Day.

ANDREW P. DEAN

Dip N.T.C., C.G.L.I., A.V.C.M.

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Services See Calendar tab on the website or page 5 in 'The Link'

Weekday Service At St Helen's each Wednesday at 10.00am Holy Communion

Rector: Jim Bridgman, Rectory, High St, Tarporley CW6 0AG 01829732491

Email: revjimb1017@gmail.com 07526243702

Tarporley: St Helen Churchwardens Phillip Posnett 01829260251 Liz Neelv email:neelyeliza@hotmail.com 07890470899 Treasurer Dave Smithson tarporlevparishtreasurer@btinternet.com P.C.C Secretary Paul Emerson 01829290372 Cotebrook: St John and the Holy Cross Wardens Walter Gibson Peter Copland 01829732618 **Faton:St Thomas** Warden Amelia McCourty aemccourty@btinternet.com 01829 730155 Link Editor Andy Jobson 01829732437 email jobsonajpj@btinternet.com items for 'The Link' should be emailed to the above by the 16th of the month.

Safeguarding Officer Liz Neely email <u>StHelenssafeguarding@outlook.com</u>

Contact points

Please do not hesitate to report cases of sickness, pastoral need to the Rector.

To make arrangements for a Funeral please contact the Rector. 01829732491

Done Room Booking Phillip Posnett 01829260251

To ask about Wedding arrangements, Baptisms or general enquiries

please contact our Rector Jim by email on

Email: revjimb1017@gmail.com

Website: www.tarporleyparishchurch.org

SERVICES FOR THE MONTH March 2024

₃rd

March	3'"	THE THIRD SUNDAY OF LENT		
		St Thomas	9.00am	Holy Communion
		St Helen	10.00am	Holy Communion
		St John	11.15am	Holy Communion
			1	
	10 th	MOTHERING SUNDAY		
		St Helen	9.30am	Café Church
		Bishop Mark will be joining us for Café Church		
		St Thomas	4.00pm	Holy Communion
	17 th	PASSION SUNDAY		
		St Thomas	9.00am	Holy Communion
		St Helen	10.00am	Holy Communion
		St Helen	4.00pm	Evensong
	24 th	PALM SUNDAY		
		St Thomas	9.00am	Holy Communion
		St Helen	10.00am	Holy Communion
		St Helen	4.00pm	Messy Church
		Messy Church meets in the Done Room.		
	28 th	MAUNDY THURSDAY		
		St Helen	7.30pm	Communion and stripping
				Of the Altars
	29 th	GOOD FRIDAY	2.00pm	Meditations at the Cross
	31 st	EASTER DAY	-	

April 7th THE SECOND SUNDAY OF EASTER

St Thomas

St Helen

St John

St Thomas 9.00am Joint Parish Communion Service

Holy Communion

Holy Communion

Holy Communion

Each Wednesday at 10.00am at St Helen's: Holy Communion. Follow us on Facebook:-Search:- facebook.com/ParishOfTarporley

9.00am

10.00am

11.15am

If you have time, please stay for refreshments after the service. Every Sunday at St Helen's, 1st and 4th at St Thomas', 1st Sunday at St John's



The Rector Writes:-

Mothering Sunday this year falls on 10th March. Traditionally Mothering Sunday was a day to travel to the 'mother church' (either parish church or cathedral) to worship; this year, we have 'mother church' coming to us, as Bishop Mark, bishop of Chester, will be visiting the



parish, and attending our special Café Church service at 9.30am at St Helen's.

For some of us, Mothering Sunday is a day of celebration, when we give thanks for the love and care of our mothers, or receive that thanks from our children and grandchildren. It can be a day of rejoicing and appreciation for our parents, and also the parental love of God too. However, it can also be a painful day for many people, a reminder of a much loved mother who is still missed, of the reality of a painful or broken mothering relationship, or of the grief that comes from never having the opportunity or circumstance of being a mother.

This can be felt especially by those who have suffered through the experiences of stillbirth, abortion and miscarriage. The latter was something that Jenny and I experienced in 2014, and something that affects 1 in 4 pregnancies in the UK. One part of our grief in that experience was that there was no way to mark what had happened: there were no remains, no place to gather and remember what had happened, no where to find comfort as happens at a funeral and round a graveside. This led us to enquire about the possibility of installing a memorial in our churchyard in Timperley, to act as a place for all to remember the lives lost through stillbirth, abortion and miscarriage. Though all three events bring with them different experiences, they were all often accompanied by an absence of closure or significant way to mark and understand what had been experienced. The hope was that in some small way the memorial could help others on their journey of grief. The Diocese was very open to our plan, and in 2020 the memorial was installed at Christ Church Timperley.

The PCC here last year approved to apply to erect a similar memorial in St Helen's. The stone has very generously been paid for by local funeral director Jackie Wilson, and made by local stonemason Steve Blackwell.

Jackie Wilson commented: "As a Funeral Director, I sadly have to help families who have been bereaved through miscarriage, and stillbirths. The hardest thing for them is that they want to remember their child's life no matter how short it was and mark their presence. I felt that an area at the church yard where families could go and maybe lay flowers from time to time or just have a time of reflection would be so beneficial and the stone that is to be placed at St Helen's

church will be a wonderful source of comfort to many."

The stone (see right) will be placed on the wall down from the war memorial at the front of St Helen's, and will be officially unveiled by Bishop Mark at the end of the Mothering Sunday Café Church service on 10th March.

The memorial will be a place to gather, reflect and pray, and used by all affected by these issues, whether recently or many years ago. Please do come along to meet the Bishop, see the stone and remember on Mothering Sunday.



Dates for your diary.

Afternoon Tea in the Done Room on Saturday 23rd March at the Done Room starting at 2.30pm. **See poster on page 12.**

The annual St Thomas' Quiz will be on Friday 19th April 7.00 for 7.30 start.

£4 per person. BYO. There will be a raffle.

Lent Courses. Wednesdays and Fridays during Lent See poster on page 7.

From the Parish Bookshelf; Walter Gibson reviews the book which we will use in our Lent Courses:- "How to Pray"

Alone, with others, at any time, in any place.

By Stephen Cottrell

The title of this book gives you a strong hint as to what it is about. It's not heavy theology. It's a book for everyone who wants to pray to help them do it more and in different ways. It is also written by someone with a lot of experience of praying in different places, at different times, with different people, and on his own: the present Archbishop of York no less!

His writing is as always humble, wise, relevant, practical, and inspiring. There is something for



everyone here, no matter what stage in life you are at, no matter whether you are just starting your prayer journey or much further along it. And he gives lots of examples of the different kinds of prayers we can use throughout the day and to deal with what life brings our way.

The book is in three parts. In Part 1, he describes what prayer is and what is happening when we pray. We might find it difficult at times or embarrassing but the important thing he stresses is that is brings us closer to God, and even just wanting to pray is a start. In Part 2, he gives us a 'how to' guide to help us start praying more, eg at home, at work, with children, and in many other situations, and encourages us with examples to try something new. In Part **3,** he sets out the importance of prayer for us as individuals and for the church: without it, we will not grow or witness effectively. With it, we can catch fire.

Walter Gibson

Lent Brunches 2024



An ideal book and group for anyone who has ever wondered what prayer is, or how to pray. With practical tips to get you started, it's ideal for those starting out as well as those who have prayed before.

Wednesdays from 21st Feb 10.30am at St Helen's Fridays from 23rd Feb 10.30am at The Dray's, Eaton

Enjoy something to eat and drink and time to talk and pray.

Come along and share the journey this Lent!

EVERYONE WELCOME!

Page 9

We can all learn to pray more effectively, as individuals and together, by reading and discussing this book together during Lent. Please join in the discussion at our Lent Courses. See the poster for deta ils.

Eco Church Greener Life Hacks 2

Welcome back. Last month we took a brief look at how we could most effectively reduce the amount of carbon we as individuals and households are putting into the atmosphere. We said the most effective way we could do this was by making sure we were buying our electricity from renewable sources, either by changing tariffs with the same supplier or changing to a company that supplies its electricity from 100% renewable sources. We could also generate our own electricity via solar panels and or a battery combination or heat our homes and water through alternatives to oil and gas; but that of course is a much bigger decision both practically and financially and requires much more investigation.

The other way we can reduce the carbon we're responsible for is by using less energy generally. Last month we listed your ideas from our lifestyle survey which would help us do this. There were some great ideas large and small.

Concentrating on the small and relatively inexpensive ways of reducing our energy consumption, we've come across a website called getenergysavvy.info (continued overleaf)

It is compiled by a man called Mark Thompson who runs the website "as a hobby because I care about this stuff and do it for no commercial purpose".

It is packed full of simple, practical, home-energy efficiency information. At the risk of patronising you, here are some suggestions from a blog entitled; "Cunning practical ways that curtains and blinds can keep you warmer and save you money".

- If you have a choice don't site radiators under windows.
- When you close curtains, close them behind the radiator to encourage heat into the room and not past the window.
 Line your curtains which means you have two layers preventing heat

loss.

(continued overleaf)

Page 10

- Let the sun in when it's around, close curtains when it's not. [Even if your neighbours think you're strange].
- Blinds and curtains offer two barriers to stop heat loss through windows.
- Curtain pelmets also prevent heat loss.

And so the practical advice goes on, for the full article use this link

https://www.getenergysavvy.info/post/curtains

All Mark's articles offer help and sources of further information on a myriad of energy saving hints. We think it is an excellent site by a Cheshire resident. Please have a look at it and give us your feedback.

The next Eco issue we'd like to talk about is 'Plastics' and how they've taken over the modern world. The plastics industry is a subsidiary of the fossil fuel industry.

"without plastic we'd have no modern medicine or gadgets or wire insulation. With it we've contaminated every corner of earth. Plastic waste has been found at the bottom of the Mariana Trench, 36,000ft below sea level, it's been found on the beaches of Svalbard in the Arctic and uninhabited Islands in the Indian Ocean. The Great Pacific Garbage patch, a floating island of plastic and other debris is thought to contain some 1.8 trillion plastic shards. In 2021 researchers in Italy found micro plastics in human placentas."*[Plastic doesn't breakdown it just gets smaller and smaller.]

Well, that was a miserable start to this subject wasn't it? However, we've found some Good Eco News and where possible we want to share the Good News that is happening around the world as individuals, councils, companies and countries do their best to find ways of tackling the climate crisis.

The plastics Good News is that there is a French Company who have found a way of biologically recycling plastics using naturally occurring enzymes. The company is called Carbios. You can see a video on YouTube here. https://youtu.be/Y0YFKPFwo U

It's an interesting watch and an exciting prospect. I love that phrase "managing the end-of-life-of plastics".

Page 11

Meanwhile though, Plastics are still being manufactured in huge quantities. So, what can we do about it. The simple answer is stop buying plastics wherever possible. Easy to write but not easy to do. Step one is to recognise just how much we do buy consciously or unconsciously. To that end can we invite you to take part in The Big Plastic Count week 11th-17th March 2024? This is an initiative run by Greenpeace aimed at collecting data to present to Government in order to push for lasting change. To sign up; go to *thebigplasticcount.com* Having done that remember these words: when taking part, you might feel like the plastics crisis is your fault. It's not. Only governments, brands and supermarkets have the means to provide accessible alternatives. Your evidence will persuade them to do that.

Our obligation is to choose *not* to buy plastic where we have a choice. This is where we can help each other by sharing information about where you can buy products without plastics; for example, you can now buy yogurts from Aldi in glass jars. [ok so they have plastic lids] but it's a start. Can we ask you to email either Walter Gibson waltergibson52@gmail.com or Nick Parker mickyp43@hotmail.com with your results please, and any thoughts on where to buy products that do not involve plastics and other ways of reducing plastic purchases. We'll gather them together and publish in our next edition.

By time you read this it will be March. One of the historically big dates in the Global Eco Calendar is Earth Hour. This is one hour where we are all encouraged to switch off our electricity from 8:30pm – 9:30pm. It takes place this year on March 23rd. It would be great if as many of us as are able could join in (https://www.earthhour.org/).

That's all for this month. Please feel free to get in touch; we'd love to hear from you.

*Taken from an Article that appeared in the New Yorker Magazine via The Week August 2023.

Nick Parker and Walter Gibson

We congratulate and pray for those baptised:

Alexandra Tavernor

Rollo Scott

We commend to God and pray for those who mourn:

Sidney Kennerley David Mills

Dorothy Platt Peter Stockton





Café Church in the Done Room: people at work-:



....And others at play!



Saturday 23rd March, 2.30 - 4.00pm.

Cake and gift stalls, raffle, tombola, children's activities and games.

All are welcome at this Social Afternoon, raising funds for St

Helen's Church repairs and maintenance.

Please come along and enjoy!

Admission £3 adults, £1 children includes Tea/Juice and Cake

Many stalls to buy from and games to enjoy as well as delicious refreshments!

Tarporley War Memorial Hospital

A quick reminder of the new services to be offered from Tarporley War Memorial Hospital (Phase 1.) (Late Summer /Autumn2022)

The hospital will become a rural hub for the following:-

- Rapid Response Team enabling people to receive care and rehabilitation in their own homes.
- REACT Hospital at Home Team enabling improved access to patients in crisis who might otherwise need to go to hospital to receive treatment in their home.

For further information or queries please email fundraising@tarporleyhospital.co.uk

Tarporley Flower Club

Members of the Tarporley Flower Club invite you to join them at their monthly

meeting which is held at the

Tarporley Community Centre between
1.30 p.m. and 3.30 p.m.
on the first Tuesday of each month
(except in January when the meeting is held
on the second Tuesday.
There is no meeting in August).

Each month spectacular floral designs are created by a skilled demonstator on the stage before an audience of members, guests and visitors.

New members and visitors are most welcome, there is an admission fee payable. Annual membership fee is £55. If you would like to advertise in Tarporley Parish Church Magazine please contact our editor, Andy, on jobsonajpj@btinternet.com for more information. Thank you.



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Volunteer to help older people in Tarporley!.

Working to reduce loneliness and isolation, Tarporley OPAL Club runs every Thursday with a hot lunch, entertainment and fun activities. We are looking for new volunteers to join our friendly team in a range of roles, from chatting and helping with activities, to driving or running errands.

No experience is necessary, we care a lot more about a smile and a desire to help others. To find out more, contact janet.handley@opalservices.org.uk 07592 464856

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